
INTERESTED IN GENETIC COUNSELLING?

Contact: Angela Inglis,
CGC / CCGC
Genetic Counsellor

☎ 604-875-2000 ext 4733

@ angela.inglis@cw.bc.ca

“Counselling made clearer my understanding of the part genetics plays in mental illness. It also allowed me to put things in perspective and to be able to pass valuable information along to my offspring that may assist them in maintaining good mental health.” -
Psychiatric genetic counselling recipient.

We respect your privacy.

**Your information will
remain confidential.**

SERVICE SUPPORTED BY:



CHILDREN'S & WOMEN'S HEALTH
CENTRE OF BRITISH COLUMBIA
AN AGENCY OF THE PROVINCIAL HEALTH SERVICES AUTHORITY



University of British Columbia
Department of Psychiatry



BC Mental Health &
Addiction Services
An agency of the Provincial Health Services Authority

GENETIC COUNSELLOR:

Dr. Jehannine Austin Angela Inglis

Understanding Mental Illness: NEW CLINICAL SERVICE

**Do you or one of your
family members have a
mental illness?**

Would you like
to learn more
about the causes
of mental
illness?



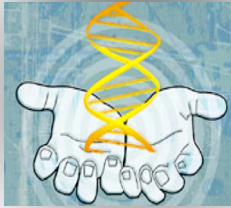
Are you concerned
about potential
risks for your
children or
other family
members?



Genetic counsellors can help.

WHO ARE GENETIC COUNSELLORS?

Genetic counsellors are health care professionals with specialized training and experience in the areas of medical genetics and counselling.



Genetic counsellors can tell you what is currently known about the causes of mental illness, and can help you to apply this information to your own family.

“Genetic counselling is the process of helping people understand and adapt to the medical, psychological and familial implications of genetic contributions to illness.”

- National Society of Genetic Counselors (2006)

WHO IS THIS SERVICE AVAILABLE TO?

Men and women who:

- Are interested in learning more about the causes of their and/or their family member's mental illness
- Live in British Columbia

Understanding is the first step to acceptance, and only with acceptance can there be recovery. ~J.K. Rowling

WHAT IS INVOLVED WITH A GENETIC COUNSELLING APPOINTMENT?

- We welcome self-referrals as well as referrals from physicians and other healthcare providers.
- Prior to the appointments, the genetic counsellor will phone you to do a family history. This usually takes approximately 30 minutes.
- The genetic counselling appointments are approximately an hour in length.
- The genetic counsellor will try to answer any questions that you may have about the causes of your or your family members' mental illness.
- **Please note:** We are not offering any genetic testing.

FREQUENTLY ASKED QUESTIONS:

- **Q: Is there a charge for this service?**

A: No. This is a free clinical service.

- **Q: Do I need to be referred by my family doctor?**

A: No. We welcome self-referrals! To schedule an appointment, call Angela Inglis at **604-875-2000 x. 4733** or email: angela.inglis@cw.bc.ca

- **Q: Where do I go for appointments?**

A: The appointments take place at the department of medical genetics at BC Women's and Children's hospital: **4500 Oak Street, Vancouver, BC**

- **Q: I live quite far from Vancouver, would I have to travel to the clinic?**

A: No. We are able to do appointments by tele-health and by phone.

